

Parkway Spring Swim Lessons



385 Park Way, 91910 ● (619) 409-1985 ● http://www.chulavistaca.gov/goto/swim

Office open weekdays 9-11am, 3-7pm, & during scheduled programs.

WEEKDAYS, 30 MINUTES/DAY, FOR 2 WEEKS						
Spring 1	April 6-16	Monday—Thursday				
Spring 2	April 20- 30	Monday—Thursday				
Spring 3	May 4-14	Monday—Thursday				
Spring 4	May 18-29	Mon—Thurs. No class May 25. Make-up May 29				
Spring 5	June 8-17	Mon—Thurs. No class June 18. Make-up June 12				
Spring 6	June 22-July 2	Monday—Thursday				

SATURDAYS, 30 MINUTES/DAY							
Spring A	March 28–May 30	Saturdays No class April 18 & May 23	8 classes				
Spring B	June 6 – June 27	Saturdays	4 classes				

Class Name	Season & #	Time 30 mins/day	Days	Total Classes	Fee
	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday-Thursday	8	\$36 resident / \$45 non-res
Parent and Tot	Spring 1, 2, 3, 4, 5, 6	5:45-6:15pm	Monday-Thursday	8	\$36 resident / \$45 non-res
Swim Lessons Ages: 6mo - 3yrs*	Spring 5,6	10:50am-11:20am	Monday-Thursday	8	\$36 resident / \$45 non-res
*Swim diaper is required	Spring A	10:40am or 11:50am	Saturdays	8	\$36 resident / \$45 non-res
NEW! Swim-Fit class info on next page!	Spring B	10:40am or 11:50am	Saturdays	4	\$18 resident / \$23 non-res
Toddler	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday-Thursday	8	\$36 resident / \$45 non-res
Swim Lessons. Ages: 2-3 yrs*	Spring 1, 2, 3, 4, 5, 6	4:35pm-5:05pm	Monday-Thursday	8	\$36 resident / \$45 non-res
*Swim diaper is required NEW! Swim-Fit class info on next page!	Spring 5,6	9:40-10:10am	Monday-Thursday	8	\$36 resident / \$45 non-res
	Spring 1, 2, 3, 4, 5, 6	3:25-3:55pm	Monday-Thursday	8	\$36 resident / \$45 non-res
Preschool	Spring 1, 2, 3, 4, 5, 6	4:35pm-5:05pm	Monday-Thursday	8	\$36 resident / \$45 non-res
Swim Lessons	Spring 1, 2, 3, 4, 5, 6	5:45-6:15pm	Monday-Thursday	8	\$36 resident / \$45 non-res
Ages: 4-5yrs* *Swim diaper is required for children who	Spring 5,6	9:40-10:10am	Monday -Thursday	8	\$36 resident / \$45 non-res
are not potty trained	Spring 5, 6	10:50-11:20am	Monday -Thursday	8	\$36 resident / \$45 non-res
NEW! Swim-Fit class info on next page!	Spring A	10:40am or 11:50am	Saturdays	8	\$36 resident / \$45 non-res
	Spring B	10:40am or 11:50am	Saturdays	4	\$18 resident / \$23 non-res
	Spring 1, 2, 3, 4, 5, 6	4:00-4:30pm	Monday -Thursday	8	\$36 resident / \$45 non-res
	Spring 1, 2, 3, 4, 5, 6	5:10-5:40pm	Monday -Thursday	8	\$36 resident / \$45 non-res
Youth	Spring 1, 2, 3, 4, 5, 6	6:20-6:50pm	Monday-Thursday	8	\$36 resident / \$45 non-res
Swim Lessons Ages: 6-14 yrs	Spring 5,6	9:05-9:35am	Monday-Thursday	8	\$36 resident / \$45 non-res
Beginning through advanced levels.	Spring 5,6	10:15-10:45am	Monday -Thursday	8	\$36 resident / \$45 non-res
Students are tested and separated the first day of class.	Spring 5,6	11:25-11:55am	Monday-Thursday	8	\$36 resident / \$45 non-res
	Spring A	10:05am or 11:15am	Saturdays	8	\$36 resident / \$45 non-res
	Spring B	10:05am or 11:15am	Saturdays	4	\$18 resident / \$23 non-res
Advanced Youth	Spring 1, 2, 3, 4, 5, 6	6:20-6:50pm	Monday-Thursday	8	\$40 resident / \$50 non-res
Swim Lessons Ages: 6-15 yrs	Spring 5,6	11:25-11:55am	Monday-Thursday	8	\$40 resident / \$50 non-res
Adult	Spring 1, 2, 3, 4, 5, 6	5:10-5:40pm	Monday-Thursday	8	\$40 resident / \$50 non-res
Swim Lessons. Ages: 15+ yrs	Spring A	10:05-10:35am	Saturdays	8	\$40 resident / \$50 non-res
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Private	Spring 1, 2, 3, 4, 5, 6	3:25, 4:00, 4:35, 5:10, 5:45, or 6:20pm	Monday & Wednesdays OR Tuesday & Thursdays	4	\$80 resident / \$100 non-res
Swim Lessons. Ages: *2yrs -Adult 4 half-hour classes *Swim diaper is required for all children under the	Spring 1, 2, 3, 4	8:55-9:25am or 10:35-11:05am	Monday & Wednesdays OR Tuesday & Thursdays	4	\$80 resident / \$100 non-res
age of 4 regardless of potty training	Spring 5,6	9:05, 9:40, 10:15, 10:50, or 11:25am	Monday & Wednesdays	4	\$80 resident / \$100 non-res



Parkway Aquatic Center

385 Park Way, 91910 ● (619) 409-1985 ● http://www.chulavistaca.gov/goto/swim

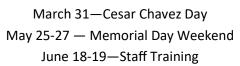


April, May. & June 2020

Office open weekdays 9-11am, 3-7pm, & during scheduled programs. You may also register online or at any Chula Vista Recreation Center.









*Adult Lap Swim (18+)

Year-round:

Monday-Friday: 9-11am

June 8-July 18 (Summer break):

Monday—Friday: 9am-12pm

Adult (18-54): \$4/swim, \$30/10 swims, \$75/30 swims Senior (55+): \$3/swim, \$20/10 swims, \$55/30 swims Passes also good at Loma Verde Pool & expire after 6 months



April 10-Sept. 18:

Fridays 4-7pm

June 8-July 18 (Summer Break):

Tuesday, Thursday, & Saturday: 12:30 - 3pm

Fees

Adult (18-54): \$4/swim, \$30/10 swims, \$75/30 swims Senior (55+): \$3/swim, \$20/10 swims, \$55/30 swims Child (4-17): \$2/swim, \$15/10 swims, \$35/30 swims Children under 4 are FREE and must wear a swim diaper Passes also good at Loma Verde Pool & expire after 6 months

FREE! Aqua Fun to be Fit (9-14 yrs)



Spring 5: June 9-17 or Spring 6: June 23-July 2

Tuesday & Thursdays

12:30-1:15pm, 1:20-2:05pm, or 2:10-2:55pm

This class is part of the award winning Fun to Be Fit Program that is offered exclusively for Chula Vista Residents. Students will learn to exercise and have fun in the water. This class is funded by a grant from Kaiser. Must be able to swim 15 yards

NEW! Swim-Fit Parent & Child (2-5 years)

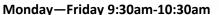
Monday & Wednesdays or Tuesday & Thursdays 9:30am-10:30am

You take a Water Fitness class while your child takes a swim lesson! You get fit, they learn to swim, it's a win-win!

Fees: \$50 resident/\$60 non-res for 2 weeks Fee includes Swim Lesson for child & Water Fit class for Adult. Children under 4yrs old must wear a swim diaper.

Spring 1,2,3,4. Session dates on next page

*Water Fitness (18+)



Instructor led class provides cardio, strength training, ab workout, & stretching all to upbeat music.

Class conducted in shallow water.

Fees

Drop in (all ages): \$4.00

10 class pass: \$30 Senior/\$35 Adult

20 class pass: \$50 senior/\$60 Adult

Passes also good at Loma Verde Pool & expire after 6 months

Junior Lifeguards (9-14 yrs)

Spring 6: June 22 - July 3



Fees: \$72 residents / \$90 non-resident Introduction to the water rescue, first aid and life saving techniques that are needed to pursue a career in lifeguarding. No certifications included. Emphasis is placed on developing responsibility, professionalism, work ethic, and fitness. Must be able to swim 50 yards freestyle.

FREE! April Pool's Day (All ages)

Saturday, May 2nd 1:00-4:00pm



FREE Water Safety Event to kick off May as Drowning Prevention Month:

- FREE Swimming Lessons
 - FREE Open Swim
- FREE CPR Demonstrations
- FREE BBQ from CV Fire Department Pre-Register online starting April 1st!

